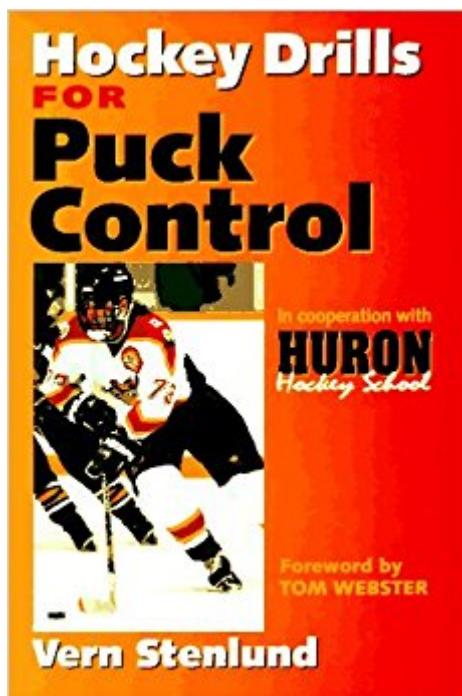


The book was found

# Hockey Drills For Puck Control



## **Synopsis**

Provides 70 challenging instructional drills that focus on specific puck-control skills.

## **Book Information**

Paperback: 192 pages

Publisher: Human Kinetics Publishers (September 1996)

Language: English

ISBN-10: 0873229983

ISBN-13: 978-0873229982

Product Dimensions: 8.6 x 6 x 0.5 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,531,822 in Books (See Top 100 in Books) #64 in Books > Sports & Outdoors > Coaching > Hockey #568 in Books > Sports & Outdoors > Hockey #1292 in Books > Sports & Outdoors > Winter Sports

## **Customer Reviews**

"Hockey Drills for Puck Control is a must for coaches and players. It can assist both the expert and volunteer coach in improving puck-handling skills of players at all levels of the game." Gary Agnew General Manager and Head Coach Kingston Frontenacs Canadian Hockey League "Very informative and easy to follow, this book has many useful drills for any level of competition." Marc Crawford Head Coach Colorado Avalanche National Hockey League

Vern K. Stenlund is one of the world's leading hockey instructors. He has played professional hockey and coached the sport at all levels. Founder and director of the Hockey Academy in Windsor, Ontario, he is also a consultant to the Huron Hockey School, which he assisted in establishing satellite clinics in St. Louis; Bayonne, NJ; Chicago; Sun Valley, ID; Ridgefield, CT; and Jackson, WY. Stenlund has also conducted on-site coaching workshops at Ridgefield; Montreal; Sun Valley; and Cornwall, Ontario. A first-round choice of the London Knights of the Ontario Hockey League, Stenlund led the team in scoring with 119 points during the 1975-76 season. The National Hockey League's California Golden Seals selected Stenlund in the second round of the 1976 NHL entry draft. He eventually played for the Cleveland Barons of the NHL and the Phoenix Roadrunners and Salt Lake City Eagles of the Central Hockey League. He also played for one year as a member of Bergen's team in the Norwegian Olympic Division League. Stenlund began

his coaching career directing the London Southwest Midgets of the Ontario Minor Hockey Association to a provincial championship in 1981-82. He was assistant coach at the University of Western Ontario in 1984-85 prior to coaching the Chatham Maroons of the Western Jr. "B" League for two seasons. He assisted in coaching the University of Windsor to the Final Four of the Ontario University Athletic Association in 1987-88. During the 1990-91 campaign, Stenlund directed the Windsor Bulldogs of the Western Jr. "B" League to a regular season title. Since 1992 he has been head coach of the Leamington Flyers of the Western Jr. "B" League, which has twice named him Coach of the Year. Stenlund is an assistant professor of education at the University of Windsor. He received an EdD from the University of Michigan in 1994. A former area scout for the NHL's Mighty Ducks of Anaheim, Stenlund is a consultant for the Praxis Group (Provo, Utah).

Great read and very helpful. My son still refers to it for reference.

[Download to continue reading...](#)

Hockey Workout: Complete Off-Season Hockey Workout: Hockey agility & speed drills, hockey plyometric workouts, hockey core exercises, hockey weight training and anaerobic training for hockey players. Hockey Drills for Puck Control The Complete Book Of Softball Drills: easy guide to perfect your softball drills today! (Fastpitch Softball Drills) Softball Pitching Drills: Great Pitching Drills for Fastpitch Softball (Fastpitch Softball Drills) Take Your Eye Off the Puck: How to Watch Hockey By Knowing Where to Look Peter Puck's Big Book of Hockey: Fascinating Facts About the World's Fastest Team Sport Hockey: Hockey Made Easy: Beginner and Expert Strategies for Becoming a Better Hockey Player Spalding's Athletic Library - The Games of Lawn Hockey, Tether Ball, Golf-Croquet, Hand Tennis, Volley Ball, Hand Polo, Wicket Polo, Laws of Badminton, Drawing Room Hockey, Garden Hockey Kids' Lacrosse Drills: Drills That Work for Elementary School Boys Youth Volleyball Drills, Plays, and Games Handbook Free Flow Version (Drills and Plays 7) Softball Fielding Drills: easy guide to perfect your softball fielding today! (Fastpitch Softball Drills) Softball Hitting Drills: easy guide to perfect your softball hitting today! (Fastpitch Softball Drills) Softball Base Running Drills: easy guide to perfect your base running today! (Fastpitch Softball Drills) Softball Catchers Drills: easy guide to perfect your softball catching today! (Fastpitch Softball Drills) Daily Learning Drills, Grade 5 (Brighter Child: Daily Learning Drills) International Book of Tennis Drills: Over 100 Skill-Specific Drills Adopted by Tennis Professionals Worldwide 45 Professional Soccer Possession Drills: Top Training Drills From the World's Best Clubs Professional Soccer Finishing Drills: Top Finishing Drills From The World's Best Soccer Clubs 101 Great Youth Soccer Drills: Skills and Drills for Better Fundamental Play (NTC Sports/Fitness) International Book

of Tennis Drills; Over 100 Skill-Specific Drills

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)